


Please remember!

Referrals can only be accepted for the specific Residential Aged Care Facilities mentioned within this brochure.

Referrals must be through GPs and/or RACF staff through the Amity Health referral form.

How can I get in touch with Amity Health?

To discuss a resident's eligibility and referral to the program, please call Amity Health and ask to speak with the Mental Health Coordinator or Senior Mental Health Clinician.

 (08) 9842 2797

 query@amityhealth.com.au

 www.amityhealth.com.au



PRIMARY MENTAL HEALTH CARE SERVICE IN RESIDENTIAL AGED CARE FACILITIES (RACF)

A guide for GPs, Health Practitioners and specified RACF's in the Great Southern region



Amity Health acknowledges WA Primary Health Alliance (WAPHA) for providing funding in its role as the operator of the Country WA PHN,

Healthy communities, healthy people.

Who are Amity Health?

Amity Health is a not-for-profit organisation providing health and community programs and services to people living in regional areas across the Great Southern, Wheatbelt, South-Coastal Goldfields and Mid-west regions of WA.

Connections Count

Amity Health provides a funded counselling program called **CONNECTIONS COUNT** to residents of RACF's in the Great Southern region of WA. Our team of Counsellors are formally qualified and experienced.

The program is for residents of RACF's who are experiencing low to moderate mental health and/or psychological distress including:

- depression
- anxiety
- grief
- life transitions
- past trauma

Appointment options

Assessments and appointments are offered in-person at the residential aged care facility. Appointments will be :

- low intensity and the least intrusive
- provided by qualified Amity Health mental health clinicians
- free of charge

Referral Pathways

If you are a GP or a RACF health practitioner, you can make a referral on behalf of the resident.

Residents or residents' family can request for a referral to be made. Referral forms can be found at:

www.amityhealth.com.au/referral-forms

Available to Great Southern RACF residents in:

ALBANY

- Burswood Care Gwen Hardie Lodge
- Burswood Care Annie Bryson McKeown Lodge
- Clarence Estate Residential Health & Aged Care
- Baptistcare Bethel
- Craigcare
- Juniper Korumup

KATANNING

- Juniper Bethshan

KATANNING

- Springhaven Frail Aged Hostel

Eligibility Criteria

- must be a resident of one of the RACF's mentioned in flyer
- must be at a risk of developing a mild to moderate mental health illness, or have a diagnosed mental health illness, with mild to moderate symptoms
- not be eligible for, or are more appropriate for, Government Older Persons Mental Health Service
- would benefit from counselling.

Exclusions

The Connections Count program is not for residents with:

- long term psychological interventions or high intensity/specialist services
- high risk needing urgent care (within seven days)
- complex post-traumatic stress disorder
- personality disorders
- dementia
- delirium
- intellectual disability.