

# Amity Health – Paediatric Allied Health Services



Registered NDIS Provider

Individuals and families can self-refer or see their GP for a referral through Medicare rebated programs.  
For further information about these services contact Amity Health on 9842 2797

## Dietetics

Provide support for children with a range of health and nutritional issues including:

- Proper Growth and development, including underweight or overweight
- Nutrient deficiencies
- Introducing solids
- Nutrition for sport performance
- Fussy eating and feeding difficulties
- Constipation or diarrhoea
- Food allergies and intolerances
- Eating Disorders

### REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement GP Management Plan provides a partial rebate. Clients with NDIS Plans

## Diabetes Education

Provide support and education for parents, carers and children living with Diabetes including:

- Perth Children's Hospital (PCH) visiting service four times a year with Amity Diabetes Educator in attendance
- Transition to adult services support

### REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement GP Management Plan provides a partial rebate. Clients with NDIS Plans

## Mental Health Counselling, Art Therapy & ADHD Assessments

Provide assessment and treatment for children experiencing:

- Emotional difficulties
- Anxiety, depression, and trauma
- Coping with changes
- Bullying
- Grief and loss
- Medical issues
- Stressful life events
- Family illness
- Family separations
- Group, family or individual counselling is available

ADHD assessments available for children aged 6-18 years

### REFERRAL OPTIONS

Self-referrals OR GP referral with a Mental Health Care Plan provide a partial rebate. Clients with NDIS Plans

## Occupational Therapy

Provide assessment and therapy for children experiencing delays or difficulties with:

- Fine and gross motor skills
- Sensory processing
- Self-regulation
- Attention and concentration
- Disabilities such as ASD, Cerebral Palsy, ADHD etc.
- Visual processing and handwriting
- Play and social skills
- School visits, groups and family therapy are available

Our OT is a Registered Autism and Better Start provider

### REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement GP Management Plan provides a partial rebate. Clients with NDIS Plans

## Speech Therapy

Provide assessment and therapy for children experiencing delays or difficulties with:

- Expressive Language
- Receptive language
- Speech sounds
- Stuttering
- Auditory memory
- Literacy Skills
- Disabilities such as ASD, Specific Learning Disabilities, Down Syndrome etc.

### REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement GP Management Plan provides a partial rebate. Clients with NDIS Plans

# Amity Health – Adult Allied Health Services

Individuals and families can self-refer or see their GP for a referral through Medicare rebated programs. Please remember it is likely there will be a gap to pay. For further information about these services contact Amity Health on 9842 2797



Registered NDIS Provider

## Dietetics

Provide support for adults with a range of health and nutritional issues including:

- Endocrine conditions eg: diabetes, osteoporosis or PCOS
- Cardiovascular conditions eg: high cholesterol, high blood pressure
- Kidney disease
- Gastrointestinal conditions eg: irritable bowel syndrome (IBS), reflux, coeliac disease, constipation
- Overweight and obesity
- Nutrient deficiencies
- Food allergies and intolerances
- Eating Disorders

### REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement and GP Management Plan provides a partial rebate. Clients with NDIS Plans.

## Diabetes Education

Provide support and education for adults and their families living with Diabetes including:

- Type 1 Diabetes, Type 2 Diabetes, Gestational Diabetes
- Pre-Diabetes education
- Newly diagnosed education
- Self-management support
- Complication prevention and screening
- Insulin starts
- Hypoglycemia prevention and management
- Continuous Glucose Monitoring (CGM) initiation
- Pump starts
- DESMOND group
- Diabetes Smart
- Individual and group consults available

### REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement and GP Management Plan provides a partial rebate. Clients with NDIS Plans.

## Mental Health Counselling & Art Therapy

Provide assessment and treatment for adolescents and adults experiencing:

- Emotional difficulties
- behavioural difficulties
- Anxiety
- Depression
- Trauma
- Coping with changes
- Bullying
- Grief and loss
- Medical issues
- Stressful life events
- Family illness
- Family separations
- Group, family or individual counselling is available
- Perinatal depression/anxiety

### REFERRAL OPTIONS

Self-referrals OR GP referral with a Mental Health Care Plan provide a partial rebate. Clients with NDIS Plans.

## Occupational Therapy

Provide assessment and therapy for adolescents and adults regarding:

- Simple home modification recommendations
- Simple equipment recommendations
- Home exercise programs
- Management of conditions such as arthritis, osteoporosis, motor neuron disease, acquired brain injury etc.
- Sleep assessment and advice

### REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement and GP Management Plan provides a partial rebate. Clients with NDIS Plans.

## Speech Therapy

Provide assessment and therapy for adolescents and adults with communication and swallowing needs including:

- Aphasia
- Dyspraxia
- Dysarthria
- Voice
- Stuttering
- Dysphagia

### REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement and GP Management Plan provides a partial rebate. Clients with NDIS Plans.