

Amity Health – Adult Allied Health Services

Individuals and families can self-refer or see their GP for a referral through Medicare rebated programs. Please remember it is likely there will be a gap to pay. For further information about these services contact Amity Health on 9842 2797



Registered NDIS Provider

Dietetics

Provide support for adults with a range of health and nutritional issues including:

- Endocrine conditions eg: diabetes, osteoporosis or PCOS
- Cardiovascular conditions eg: high cholesterol, high blood pressure
- Kidney disease
- Gastrointestinal conditions eg: irritable bowel syndrome (IBS), reflux, coeliac disease, constipation
- Overweight and obesity
- Nutrient deficiencies
- Food allergies and intolerances
- Eating Disorders

REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement and GP Management Plan provides a partial rebate. Clients with NDIS Plans.

Diabetes Education

Provide support and education for adults and their families living with Diabetes including:

- Type 1 Diabetes, Type 2 Diabetes, Gestational Diabetes
- Pre-Diabetes education
- Newly diagnosed education
- Self-management support
- Complication prevention and screening
- Insulin starts
- Hypoglycemia prevention and management
- Continuous Glucose Monitoring (CGM) initiation
- Pump starts
- DESMOND group
- Diabetes Smart
- Individual and group consults available

REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement and GP Management Plan provides a partial rebate. Clients with NDIS Plans.

Mental Health Counselling & Art Therapy

Provide assessment and treatment for adolescents and adults experiencing:

- Anxiety & depression
- Perinatal anxiety & depression
- Behavioural difficulties
- Trauma
- Chronic pain management
- Coping with changes
- Grief and loss
- Stressful life events
- Family illness
- Family separations

REFERRAL OPTIONS

Self-referrals OR GP referral with a Mental Health Care Plan provide a partial rebate. Clients with NDIS Plans.

Occupational Therapy

Provide assessment and therapy for adolescents and adults regarding:

- Simple home modification recommendations
- Simple equipment recommendations
- Home exercise programs
- Management of conditions such as arthritis, osteoporosis, motor neuron disease, acquired brain injury etc.

REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement and GP Management Plan provides a partial rebate. Clients with NDIS Plans.

Speech Therapy

Provide assessment and therapy for adolescents and adults with communication and swallowing needs including:

- Aphasia
- Dyspraxia
- Dysarthria
- Understanding & producing verbal & written language
- Coordinating and producing clear speech
- Voice
- Stuttering
- Dysphagia
- Alternative & augmentative communication
- Difficulty with safe eating & drinking

REFERRAL OPTIONS

Self-referral OR GP referral with a Team Care arrangement and GP Management Plan provides a partial rebate. Clients with NDIS Plans.