



Providing Health & Wellbeing Solutions

INTEGRATED CHRONIC DISEASE CARE PROGRAM

GREAT SOUTHERN, CENTRAL COAST, EASTERN & SOUTHERN WHEATBELT, SOUTH COASTAL GOLDFIELDS

Supporting vulnerable and disadvantaged people across all ages and cultural backgrounds, living with or at risk of developing a chronic condition.



Amity Health's Integrated Chronic Disease Care Program

So what is a chronic condition? It is an illness that is generally long-term and ongoing and refers to a broad range of conditions.

We provide allied health services and Care Coordinators to work with you to improve your overall health, particularly if you are at risk of developing cardiac, diabetes, or respiratory conditions.

This program is available across the regions of the Great Southern, Central Coast, Southern and Eastern Wheatbelt and the South Coastal Goldfields. A referral form is required from your GP or other allied health practitioners.

Our aim is to help you to self-manage your condition/s

Are you Eligible?

Our ICDC program is available to you if you:

- have or are at risk of developing a chronic condition
- are on a low income and/or socially disadvantaged
- living in an area not adequately serviced

If you are eligible, there is no cost or limit to the number of appointments.

ICDC Service Options

Care Coordination:

Our team are trained in chronic disease care and can provide you with assistance and support to help you better manage your condition.

Our Care Coordinators will work closely with your GP and any allied health providers you may use.

Allied Health Support:

You have the option of face-to-face or telehealth consultations depending on your needs and location.

Telehealth:

At Amity Health, we work with Diabetes WA and the Asthma Foundation WA to access allied health support via telehealth.

Telehealth may also be used to access our Amity Health Dietitians and Care Coordinators, particularly useful if you live in an isolated regional area. You will need to have online connectivity.

Group Programs:

You may also be referred into a group program designed to provide you with extra knowledge and support.



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Contact Us:

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W: www.amityhealth.com.au

Or you may like to visit our website at:
www.amityhealth.com.au

Amity Health is located at:
136 Lockyer Avenue
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Amity Health is a registered NDIS provider.

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About Amity Health

We are a not-for-profit organisation providing a range of funded health programs and allied health services to adults, children and families living in the Great Southern, Wheatbelt and South Coastal Goldfields regions.



If you have questions about our ICDC program or would like to find out more, please call the number below and ask to speak with one of our ICDC Care Coordinators.

(08) 9842 2797

Funded by the WA Primary Health Alliance and delivered in partnership with local allied health providers with the aim of improving the health of vulnerable and disadvantaged people in country WA.

How to join the program

If you'd like to join the program, a referral is required from your GP or health service provider.

Our team of Care Coordinators based in Albany, Esperance, Merredin, Moora, Narrogin and Southern Cross will assess your referral, contact you and provide the appropriate allied health services to support you with your health care needs.

Depending on your regional location, we can offer:

- o diabetes education
- o dietetics
- o podiatry
- o physiotherapy
- o exercise physiology

Telehealth is an option to speak with our Care Coordinators and Dietitians.

There are also some group program options available depending on your location such as:

- o Diabetes & Self-management (DESMOND)
- o Healthy Eating Activity Lifestyle (HEAL)
- o Better Breathers
- o Take Heart

