



Providing Health & Wellbeing Solutions

Integrated Primary Mental Health Care (IPMHC) Program

The program is available to people living in the **Great Southern** and **Wheatbelt** regions and is aimed at supporting those living with mild to moderate mental health issues.

Eligibility Criteria

- Clients who are on a low income and/or socially disadvantaged
- Clients who have a mild to moderate mental health issue
- Clients who are NOT currently in crisis or need of urgent care

Services Available

- Brief focused intervention - up to 6 sessions of face-to-face counselling or telehealth if client resides in a remote area
- Care management - for those with more complex problems who require care coordination

Fees

- No cost to eligible client
- If you have an NDIS plan, our mental health service options can be accessed using NDIS funding where appropriate.

Referral Requirements

- Referrals are accepted from GP's and other allied health professionals

The mental health clinicians will work with GPs and other allied health professionals to assist clients to access the most appropriate service for their needs.

Please contact Amity Health on 9842 2797 or email to query@amityhealth.com.au

Amity Health acknowledges WA Primary Health Alliance (WAPHA) for providing funding in its role as the operator of the Country WA PHN