AMITY HEALTH IN THE PLANTAGENET REGION

# FUNDED HEALTH PROGRAMS



## WHO WE ARE

Amity Health is a not-for-profit organisation providing country people with the best possible access to health services. We work in partnership with government and non-government agencies, and health and service providers to offer services, support, advocacy, leadership and coordination in the delivery and promotion of primary health care across the regions.

## WHAT WE DO IN THE PLANTAGENET REGION

In the Plantagenet region, we have a team of staff who work with people who need aged care support, or have chronic disease or mental health challenges.

Appointment options include face-to-face, telehealth or videoconference consultations depending on your needs and location.

#### AGED CARE

Our fully funded **care finder** program helps vulnerable older people who need intensive **support and assistance to access aged care and other support services.** The care finder can help people identify what aged care services are available by spending time to understand the person's situation and support them to work through the steps to address their needs.

#### CHRONIC DISEASE CARE

We provide care coordinators to work with people to improve their overall health, particularly those who have **cardiac**, **diabetes or respiratory conditions**. A referral is required from their GP or health service provider. Our staff work closely with their GP and any allied health providers they may use. NDIS plans are accepted.

#### MENTAL HEALTH

Through our funded primary mental health care program, we offer mental health support to children, teens and adults who may be living with **mild to moderate mental health issues**. A GP or health practitioner referral is required and this program can be accessed using NDIS funding where appropriate.

### ABORIGINAL & TORRES STRAIT ISLANDER PEOPLE

- At Amity Health, we have care coordinators who assist Aboriginal and Torres Strait Islander people with **chronic disease**, to link them in with the support they need to manage their health.
- **Drop-in health clinics** are provided at the Plantagenet Medical Group on Wednesday, however we advise calling the centre on 9892 1000 to check times and availability.
- The Moorilurrup Women's Healing Group meet Thursdays at the Mount Barker Uniting Church 10am-12pm.

Healthy communities, healthy people.



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